

# Nights Away Information Form

## 1<sup>st</sup> Fressingfield Scout Group

**Event:** Leadership Development weekend **Dates:** 15/02-17/02

**Location:** Eaton Vale Activity Centre

**Meeting place and time:** Scout HQ, Goodwin Hall, New Street, Fressingfield at 6pm.

**Collection place and time:** Scout HQ, Goodwin Hall, New Street, Fressingfield at 2pm

**Cost:** £45 Explorers, £30 Leaders (Payable to 1<sup>st</sup> Fressingfield Scout Group)

**Transport details:** Scout Group minibus

**Activities:**  
(Leaders) Leadership Development, Individual PLP reviews and meeting with TA, First Aid Training, Safeguarding Training, minibus driving assessments, financial planning, Media and communications Strategy, Group Camp planning, Nights Away training, District Plan briefing by DC, Quiz night.  
(Explorers) Leadership Development, First Aid Training [compulsory for Kenya Team], adventurous activities to be confirmed.

**Further details:** Refer to the Camp plan and risk assessments – published later.

**Organiser and contact details:** Andrew Aalders-Dunthorne, Group Scout Leader. Tel: 07908 262623

**EPOC and contact details:** As above.

*Please keep this section for your own information, and detach and return the section below.*

**Note:** All activities will be run in accordance with The Scout Association's safety Rules. No responsibility for the personal equipment/clothing and effects can be accepted by the organisers and The Scout Association does not provide automatic insurance cover in respect to such items.

Please complete and return this section to Andrew Aalders-Dunthorne as soon as possible.

**Name of attendee:** ..... **D.o.B:** .....

**Event:** Leadership Development weekend (EVAC) 15<sup>th</sup> – 17<sup>th</sup> Feb

*I enclose cash for £45/£30 – (or please make cheques payable to 1<sup>st</sup> Fressingfield Scout Group)*

*I have noted the arrangements above and agree to the named young person taking part. I understand that the event Leader reserves the right to send any participants home if deemed necessary.*

**Is he/she able to swim 50 metres and stay afloat for five minutes in light clothing? Yes / No**

**Emergency contact:** ..... **Phone:** .....

**Doctor's name and contact details:** ..... **Details of any medications currently being taken:** .....

**Details of any disabilities, conditions, allergies, special needs or cultural needs that might affect this event:** ..... **Details of any infectious diseases he/she has been in contact with in the last three weeks:** .....

*If it becomes necessary for the above named young person to receive medical treatment and I cannot be contacted to authorise this, I hereby give my general consent to any necessary medical treatment and authorise the Leader in charge to sign any document required by the hospital authorities.*

**Signed:** ..... **Date:** .....

**Relationship to young person:** .....

# Nights Away Kit List

All young people will need to bring their personal equipment and should be encouraged to pack themselves. This list is only a guide.

- |  |   |
|--|---|
| <input type="checkbox"/> Lightweight trousers NO jeans           | <input type="checkbox"/> Scarf, hat and gloves                            |
| <input type="checkbox"/> Warm sweaters, jumpers or sweatshirts   | <input type="checkbox"/> Sun hat, sun cream and sun glasses               |
| <input type="checkbox"/> T-shirts or similar                     | <input type="checkbox"/> Sleeping bag in a compression sac                |
| <input type="checkbox"/> Shorts                                  | <input type="checkbox"/> Foam roll / karrimat                             |
| <input type="checkbox"/> Trainers                                | <input type="checkbox"/> Insect repellent / personal first aid kit        |
| <input type="checkbox"/> Spare underclothes (one pair per day)   | <input type="checkbox"/> Plate & bowl or mess tins, Mug and cutlery       |
| <input type="checkbox"/> Spare socks (one pair per day)          | <input type="checkbox"/> Tea towel  |
| <input type="checkbox"/> Nightwear                               | <input type="checkbox"/> Torch and spare batteries                        |
| <input type="checkbox"/> Hiking boots or strong shoes            | <input type="checkbox"/> Personal first aid kit                           |
| <input type="checkbox"/> Waterproof (coat and trousers)          | <input type="checkbox"/> Plastic drinks bottle / hydration pack           |
| <input type="checkbox"/> Whistle                                 | <input type="checkbox"/> Polythene bags (for dirty clothes)               |
| <input type="checkbox"/> Hankies                                 | <input type="checkbox"/> Emergency Food (Chocolate wrapped up)            |
| <input type="checkbox"/> Training record paper or laptop         | <input type="checkbox"/> Complete set of spare clothes (water activities) |
| <input type="checkbox"/> Personal washing requirements and towel | <input type="checkbox"/> Sense of humour, willingness to participate      |
| <input type="checkbox"/> Matches                                 | <input type="checkbox"/> Spending money                                   |
| <input type="checkbox"/> Day sack                                | <input type="checkbox"/> <b>Uniform &amp; necker</b>                      |

- It is essential that equipment and clothing is packed into a single rucksack.
- All items should be clearly labelled with the young person's name.

**UNIFORM IS TO BE WORN TRAVELLING TO AND FROM CAMP – FULL UNIFORM REQUIRED FOR DINNER  
GROUP NECKER MUST BE WORN THROUGHOUT THE CAMP.**